

OCTOBER 23, 2021 CFTH CONFERENCE
WORKSHOP SESSIONS

Saturday, October 23

8:00 – 9:00 am Mountain Time

“Marital Spin Cycles – How do you turn off this thing?” Steve Swartz, Haven of Hope Ministries

Description: Unresolved heart issues often result in spin cycles in relationships that never get resolved. In this workshop we will be looking at the heart triggers that create pain which flow into thoughts that lead back to actions. You will be given tools successfully used by many couples that have effectively reduced the number of spin cycles and the frequency of them.

9:30 – 10:30 am Mountain Time

“Enjoying Heart-Focused Communication in Marriage” Greg & Wendy Meisel, CFTH-New England

Description: Good communication is essential for a good marriage. Few couples communicate well and even less communicate on a heart level. This workshop gives practical instruction and application to help couples learn to connect and communicate from the heart.

11:00 am – 12:00 pm Mountain Time

“Incorporating Caring for the Heart Principles in the Local Church” Pastor Myron Mast

Description: Each person has emotional pain and wishes someone would care and understand about that pain. The church is a body of believers who experience and struggle with issues. How can we equip believers to help others with day-to-day challenges in life, and with families?